

Yesterday, the Japanese government declared an emergency to prevent coronavirus infection. The target areas are Tokyo, Saitama, Chiba, Kanagawa, Osaka, Hyogo and Fukuoka. (Ibaraki Prefecture is not included)

In the target areas, each prefecture makes a designated petition to limit the use of facilities (For one month until May).

In the target areas, some shops and facilities are closed, but trains are running.

They are requested as much as possible, not to go out, to work at home, and not to go out of the prefecture.

It's not a prohibition like in the U.S. or in France (There is no fine).

Ibaraki Prefecture is not subject to emergency, but many schools and public facilities are closed.

Nursery school and after school care are available, but if the number of infected people increases rapidly, they may be closed.

The important thing now is not to infect yourself or transfer it to others. Please observe the following:

- Do not go out except when in need to buy something to eat.
- Stay away from crowded places.
- Do not speak loudly at close range.
- Ventilate the room well.
- Wash your hands with soap and do not touch your eyes, mouth and nose with your hands, infection can be prevented considerably.
- Because there is a possibility of infection in places and in public transportation where there are many people, such as hospitals and trains, it is safer to avoid using them unless it is really necessary. Please wear a mask when you go out.
- Do not buy more than you need because you there will be no run out of food.
- When you feel sick, take a day off from work, and when you have a fever over 37.5 degrees, always go to the health centers.

First, call the hospital to consult. Please do not go straight to the hospital right away.

If the children stay at home for a long time, they will lack exercise and get stressed. You can take a walk. Try to keep healthy by living a regular life and exercise.

It was also decided that cash benefits will be provided to those whose income from work has greatly decreased due to coronavirus infection. Child benefit will be increased and some taxes will be reduced.

We also help with interpreting at the NPO Commons. You can also consult. Phone No. 070-2303-7408



iPhone



Android

Please be careful because false information may be spread on SNS. You can check the correct information at NHK World in Japan. It's broadcast in 17 languages.